



**Please note:** All announcements must be submitted to the office of Communications:  
[communications@archsaintboniface.ca](mailto:communications@archsaintboniface.ca) by Monday at 4 PM if they are to be published in the Tuesday bulletin.

To subscribe to the weekly bulletin, [click here](#).

Take a moment to visit and 'Like' our **Facebook** page: [www.facebook.com/ArchSaintBoniface](https://www.facebook.com/ArchSaintBoniface).

## Monthly Prayer Intentions of Pope Leo XIV for February

**For children with incurable diseases.**

**Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.**

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### Contents

Archdiocesan News .....	2
Apostolates and Ministries.....	2
Catechetics and Adult Faith Formation .....	5
Community Events .....	5
Marriage, Family and Life .....	6
Ministry of Care.....	8
Movies .....	10
Parish Events.....	10
Stewardship.....	11

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## Archdiocesan News



### **\*NEW\* Catholic Missions of Canada Collection – February 1<sup>st</sup>, 2025**

Founded in 1908, Catholic Missions of Canada exists to advance and sustain the Catholic Faith in remote and poor mission communities across Canada. Catholic Dioceses across the country can apply for funding to subsidize the areas of their dioceses that are isolated, remote, or fly-in communities with few people and high unemployment.

For the Archdiocese of St. Boniface, funds provided by Catholic Missions of Canada helps with **the maintenance of churches in our Indigenous communities, supports the missionaries present in these communities, as well as religious education programs.** The Archdiocese of St. Boniface also receives a grant that supplements your **support towards the education of our seminarians.**

We ask you to give generously to Catholic Missions of Canada on February 1<sup>st</sup> using the special envelope in your bundle or simply by noting **CMIC donation** on your cheque put in the collection basket.



### **\*REMINDER\* Archbishop LeGatt Video – Come, Prince of Peace!**

Only a few weeks into the new year, war, violence, and turmoil dominate the headlines. The message of Christ, the Prince of Peace, has rarely felt more urgent. Yet, history reminds us that such moments are not new. This month, Archbishop Albert reflects on how we, as Christians, can respond to widespread turmoil: both at home and abroad. He invites us to acknowledge our powerlessness, while also calling us to prayer and meaningful action, wherever we are able to bring about positive change. Above all, may we strive to be bearers of hope and peace for those around us, and work together to help build a more just and compassionate world.

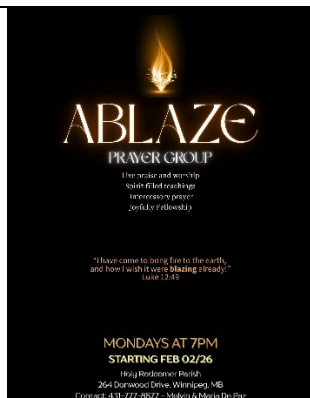
To view the video, [click here](#) or visit the diocesan Facebook page at: <https://www.facebook.com/ArchSaintBoniface/> or visit the diocesan website homepage at: [www.archsaintboniface.ca](http://www.archsaintboniface.ca)



### **\*REMINDER\* Archbishop's Schedule**

To view Archbishop LeGatt's schedule for February, 2026, [click here](#)

## Apostolates and Ministries



### **\*NEW\* ABLAZE Prayer Group – February 2, 2026**

Everyone is warmly invited to join the "ABLAZE" charismatic Prayer Group, beginning Monday, February 2 at 7:00 PM at Holy Redeemer Parish - 264 Donwood Drive. Come experience anointed praise and worship, Spirit-filled teaching, intercessory prayer, and joyful fellowship. All are welcome! - You may contact Pat Kapilik at 204-899-4928 or Melvin & Maria De Paz at 431-777-8877 for more information. [Please see attached flyer.](#)



**\*NEW\* Illuminate - Evening of Adoration of the Blessed Sacrament – February 20, 2026**

All are invited to participate in a dynamic evening of adoration, praise & worship, reconciliation and fellowship on Friday, February 20 at 7:30 PM, at **St. Vital Parish**, 1629 Pembina Hwy, Winnipeg

Come and worship Jesus in the Blessed Sacrament as part of a vibrant Catholic community. All are welcome! For more information, [www.illuminatemb.com](http://www.illuminatemb.com) or [facebook.com/illuminatemb](https://facebook.com/illuminatemb). Illuminate is an evening of Eucharistic Adoration, Praise & Worship music, and fellowship, with the opportunity to take part in the sacrament of Reconciliation. See you there!

[Sign up for the Illuminate newsletter](#) on our website for future events.

Brought to you by the Catholic Women's League

**IGNITE YOUR PASSION:  
EMPOWER HIS MISSION**

*A Women's Retreat Day  
with guest speaker Leah Perrault*

**FEBRUARY 21, 2026**  
10:00 AM - 3:00 PM  
Mary, Mother of the Church Parish

Take a day away to reconnect - with God, with yourself, and with friends - to be reminded that God is with you and calling you to peace and purpose that fills you up without burning you out.

 **COST: \$20**  
Reserve your spot in advance by emailing [mmoc.cwl.president@gmail.com](mailto:mmoc.cwl.president@gmail.com)  
In person registration after masses Jan 31/Feb 1, and Feb 7/8.

**\*NEW\* Women's Retreat – February 21, 2026**

Ignite your passion & empower His mission!

Take a day away to reconnect with God, with yourself, and with friends – to be reminded that God is with you and calling you to peace and purpose that fills you up without burning you out. **Saturday, February 21 at Mary, Mother of the Church Parish Hall**, 85 Kirkbridge Drive, Winnipeg.

Guest speaker is Leah Perrault.

Cost: \$ 20.

The following email can be used to register and also to e-transfer funds: [mmoc.cwl.president@gmail.com](mailto:mmoc.cwl.president@gmail.com). Registration is limited so register early.

For poster, [click here](#).

**Brought to you by the Catholic Women's League**

 **COUPLES FOR CHRIST**  
PRESENTS  
**YOUNG COUPLES ASSEMBLY**

**'Happy Spouse,  
Happy House'**

**SATURDAY, FEB 21, 2026**  
**12:30PM-4:00PM**  
ST. ENILE PARISH (HALL)  
556 St Anne's Rd Winnipeg, MB

Open to all couples married 15 years or less.

SCAN ME to Register for FREE  
Need more info? Contact Bro Andrew (204)7937273



**\*REMINDER\* Happy House, Happy House – February 21, 2026**

Join Couples for Christ – Young Couples Assembly for a fun and meaningful afternoon w/ fellow young couples as we explore **"Happy House, Happy House"**. This session is packed with wisdom on how to help husbands and wives understand their complementary differences & provide practical steps to understand each other and communicate, and ultimately remind husbands and wives to develop God-given virtues for a blessed marriage.

Come learn, laugh, and grow together—because a happy spouse truly makes a happy house!

More details found in the [poster](#) and the link below:

<https://forms.gle/rqbB7k4VUhrNm4Z7>



**\*REMINDER\* SAVE THE DATE!!! St. Charles Retreat Centre Golden Gala – April 25, 2026**

St Charles Retreat Centre invites you to their **Golden Gala**, a joyful evening celebrating **50 years** of welcoming guests for prayer, rest, and renewal.




This special anniversary gathering will be a time to come together in gratitude, enjoy good company, and help ensure that St. Charles Retreat Centre can continue serving the community for many years to come.

The evening will begin with Mass, followed by cocktails, dinner, a special program reflecting on the history and mission of St. Charles Retreat Centre, and will end with a dance!

 **Saturday, April 25, 2026**

 **St. Charles Parish Hall, 320 St. Charles Street**

 **Begins with Mass at 4:00 pm**

 **Tickets:** \$60 per person

• Includes a **\$20 charitable tax receipt**

To purchase a ticket, [click here!](#)

**\*REMINDER\* CCRS OF MB – Unveiling the Gospels Bible Study 2026**

Understanding the four Gospels in depth can often be challenging, especially reading them back-to-back. This course, however, goes beyond simply reading the Gospels. We'll delve into who the Gospel writers were, their unique audiences, their purposes in writing, and, most importantly, how each one presents a distinct view of Jesus. Have you heard of the 18 Miracles in St. Mark's Gospel? The 5 main discourses in St. Matthew's Gospel? Did you know that tradition holds that St. Luke was not only a great writer but also a painter and sculptor? and that to understand St. John's Gospel one could really benefit from reading Genesis Chapter 1 and the 1<sup>st</sup> Letter of St. John.... come join us, you will not be disappointed!



Wednesdays at Notre Dame Catholic Church in Selkirk, MB from **April 8 to June 24, 2026** – 6:30PM to 09:00PM (optional mass at 6pm) – [TO SIGN UP CLICK HERE.](#)

**For more information: 431-777-8877 or email**

[ccrs@catholicrenewalservices.com](mailto:ccrs@catholicrenewalservices.com)

**For updated poster, [click here.](#)**



**\*REMINDER\* CCRS OF MB - 40 day Fasting Program – February 18 to April 4, 2026**

We encourage you to join our annual 40-day Bread and Water personal fasting program for Lent 2026 – Starting on Ash Wednesday February 18, 2026 and ending on Holy Saturday April 04, 2026 . You can visit our website -

[www.catholicrenewalservices.com/events](http://www.catholicrenewalservices.com/events) - to find more details/information or fill out the sign up form here: [CCRS - 40 Day Fast Sign Up List - 2026](#)

**For poster, [click here.](#)**





**\*REMINDER\* CCRS OF MB – “Pilgrimage to Italy” – May 25 to June 5, 2026**  
LAST CALL! - Join us on an incredible pilgrimage to Italy from May 25<sup>th</sup> to June 05<sup>th</sup>, 2026: We will visit many of the most beautiful cathedrals of the world! A wonderful opportunity to visit the remains of many apostles and evangelists, St Anthony of Padua, St. Francis of Assisi and St Carlo Acutis, St. Padre Pio, and many more! All details are on the attached flyer. Limited Space, deadline to sign up is January 30th!. For more information: 431-777-8877 or email [galaxytravelcanada@gmail.com](mailto:galaxytravelcanada@gmail.com)  
For updated flyer, [click here](#).

## Catechetics and Adult Faith Formation



**\*REMINDER\* Save the Date – Rite of Election and Call to Continuing Conversion – February 22, 2026**

3:00 PM at Saint-Boniface Cathédrale, 180 de la Cathédrale Ave. (English Celebration)

Candidates, Catechumens, their families and friends, sponsors, RCIA teams, and pastors are warmly invited to join us for the Rite of Election and Call to Continuing Conversion. This beautiful liturgy marks an essential step in the journey toward full initiation into the Catholic Church.

Parish Registration Required

All parishes with Candidates or Catechumens must register for the Rite of Election and Call to Continuing Conversion. A registration link will be sent directly to parish administrators and pastors.

Preparatory Online Gathering

To support all who will be participating, an online meeting will be held on Tuesday, February 10, 2026, at 6:30 p.m. This will be an opportunity to pray together, connect, review important information, and ask questions. A link will be shared when your parish has registered.

## Community Events

**\*NEW\* Announcing the 2026 Launch of the Diverse Minds Creative Writing Competition in Manitoba**

Are you a storyteller, artist, or advocate for diversity and inclusion? Here's your chance to shine!

The Diverse Minds Creative Writing Competition invites high school students in Manitoba to write and illustrate a children's book that promotes diversity, inclusion, and kindness.

Why enter?

- Have your book professionally published.
- Win amazing prizes.
- Make a lasting impact by sharing your story with young readers.

This is your opportunity to shine! You can work by yourself or together with a partner. The 2026 competition has officially launched so don't miss this opportunity to unleash your creativity and make a difference!

To learn more or to register: [Diverse Minds 2026 - B'nai Brith Canada](#)

**Deadline is 11:59 pm (CST), June 10, 2026**

**Brought to you by B'nai Brith Canada**



# coldest \*night OF THE YEAR

February 28<sup>th</sup>, 2026



## **\*REMINDER\* Coldest Night of the Year Fundraiser – February 28, 2026**

Coldest Night of the Year is a family friendly fundraising walk around the Norwood & Old St Vital area in support of St. Boniface Street Links. Participants undertake a 2 or 5km walk beginning at **Holy Cross Church, 252 Dubuc Street**. Create a new team or join an existing one to start collecting donations today!

Scan the QR Code to register.

For poster, [click here](#).

For sponsorship, or assistance with sign-up, reach out to event organizer Ryan Palmquist at 204-290-9976 or [r.palmquist@stbonifacestreetlinks.com](mailto:r.palmquist@stbonifacestreetlinks.com)



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## Marriage, Family and Life

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### **\*NEW\* Marriage Tips**

"Marital love is above all fully human, that is to say, it involves both the senses and the mind." (Humanae Vitae) Marital love is rightly sensual. Enjoy it. When difficulties arise, and they do arise because we are human, call upon the Holy Spirit to renew your spirit.

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### **\*NEW\* Reflections for the Separated & Divorced**

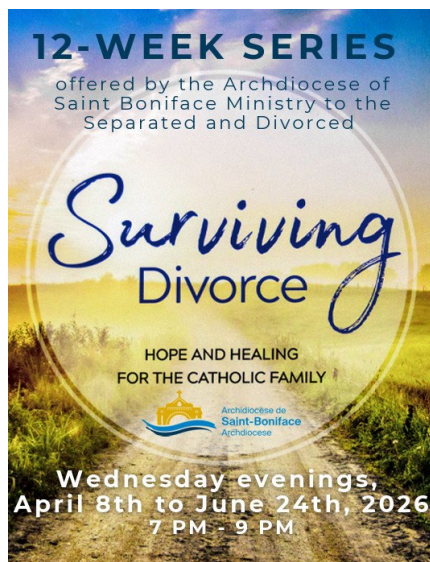
Sowing the seeds of love.... Everyone needs a support system. In healing from divorce, this is very important to consider. It is important to have friends who support your efforts to grow personally and spiritually and are willing to assist you if necessary.

Make sure you surround yourself with people who love, support and understand you. You will make much better progress and find less distractions to hold you back.

Remember: "Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty." – Matthew 13:8

- *A Road to Healing*, Lisa Duffy

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**\*NEW\* Surviving Divorce: 12-Week Catholic Program for the Separated and Divorced – Wednesdays, April 8th to June 24th, 2026**

Are you or anyone in your family Separated or Divorced?

The Archdiocese of Saint Boniface Ministry to the Separated and Divorced will be hosting a twelve-session Surviving Divorce program that will bring hope and healing to those who are experiencing the pain and loneliness of a broken marriage. Surviving Divorce features twelve video presentations that cover topics such as shock and grief, anger and forgiveness, money issues, dealing with children and a former spouse, and annulment and remarriage. This program is for the newly separated and divorced and those still struggling with issues many years later. It will help them find answers to their questions, restore their hope, and begin authentic healing.

This program will run on Wednesday evenings from 7pm-9pm, starting on Wednesday, April 8th, 2026 at the Saint Boniface Archdiocesan Centre. Registration is required. The cost of the program for participants is \$50 and includes the Surviving Divorce Personal Guide and all program materials. Find comfort and counsel consistent with Catholic Church teachings.

For information, please contact Marie Brunet at [mfl@archsaintboniface.ca](mailto:mfl@archsaintboniface.ca); 204-594-0274 or Daniel Bahaud at [communications@archsaintboniface.ca](mailto:communications@archsaintboniface.ca); 204-594-0277.

Register here for the program: <https://bit.ly/survivingdivorce2026>. Registration fee is payable at the first session.

For additional help and resources for the Separated and Divorced, visit:

[Archdiocese of Saint Boniface - Ministry to Divorced and Separated \(archsaintboniface.ca\)](https://archsaintboniface.ca)

For poster, [click here](#).



**\*NEW\* What is Holistic Sexuality? – March 15 & 29, and April 9, May 3, 17 & 31, 2026**

A class by Hannah and Rhéal Chartier

This course examines the experience of sexuality through the lens of Church teaching. It helps young adults come to terms with their sexuality and fertility and assists them in making responsible decisions. Beginning with the physical and practical, the young person can then integrate the intellectual, emotional, social, and spiritual aspects of their person and mature into a fully integrated human being.

For young adults 18 to 35, but all adults are welcome.

For men and women: sessions are presented separately for both men and women.

For Catholics: open to all, this course is rooted in Catholic teaching and wisdom.

WHEN: 2:30 PM to 4:30 PM on Sundays (March 15 & 29, April 19, and May 3, 17 & 31)

WHERE: Notre-Dame de Lorette Parish, 1282 Dawson Rd in Lorette, MB

COST: individuals \$55 which includes one book. Couples: \$100 which includes two books. (Couples include dating, engaged or married partners). Must be 18 by March 15 to attend.

TO REGISTER [CLICK HERE](#).

Brought to you by the Catholic School of Evangelization



## Ministry of Care

### **\*UPDATED\* World Day of the Sick – February 11, 2026**

Pope Leo XIV's message for the [34<sup>th</sup> World Day of the Sick](#), which will be celebrated on Wednesday, 11 February 2026, offers a reflection on the theme **"The compassion of the Samaritan: loving by bearing another's pain"**. In his message, the Holy Father offers us the following prayer:



*Sweet Mother, do not part from me.  
Turn not your eyes away from me.  
Walk with me at every moment  
and never leave me alone.  
You who always protect me  
as a true Mother,  
obtain for me the blessing of the Father,  
Son and Holy Spirit.*

#### Useful links:

- [Message from Pope Leo XIV for the occasion of the 34<sup>th</sup> World Day of the Sick](#)
- [Resources from the Office for Family and Life](#)
  - [Official logos](#)
  - [CCCB pastoral resource](#)
  - [Social media graphics](#)
  - [Prayer card](#)

For information about this important day, please visit the [Vatican News website](#), as well as the Catholic Health Association of Manitoba [website](#). For the poster, [click here](#).

### **\*REMINDER\* Health Care Workers Mass – February 11, 2026**

Special Invitation: Mass for All Healthcare Workers & World Day of the Sick  
On **Wednesday, February 11, 2026, at 7:00 PM**, the five Catholic Arch/dioceses of Manitoba will come together at St. Gianna Beretta Molla Parish (15 Columbia Drive, Winnipeg) for a special Mass of Appreciation.

**Who is invited?** All healthcare workers, their families, and the faithful of Manitoba. Healthcare workers of all faiths and backgrounds are cordially invited to join us for this time of prayer and solidarity.

**Concelebrants:** Archbishop Murray Chatlain, Metropolitan Lawrence Huculak, Archbishop Albert LeGatt, Most Rev. Susai Jesu, OMI, and Bishop Andriy Raby.

**Special Presentation:** During this event, the Bishops of Manitoba will present the new pastoral letter, "Finding Solace in Faith." This document serves as a guide for Catholics on end-of-life issues, providing essential information on how to navigate these moments with dignity and according to our Catholic faith.

#### **A fellowship reception will follow the Mass.**

Those wishing to attend the fellowship reception are kindly asked to pre-register, to assist with hospitality planning. Register here:

<https://www.eventcreate.com/e/hcwmass>

Please join us to honour those who serve and to seek God's blessing for the sick and their healers.

[For NEW Poster, click here.](#)







**\*REMINDER\* Manitoba Bishops' Invitation to the Health Care Workers Mass**

Invitation to the Inaugural Mass for All Healthcare Workers of Manitoba and Presentation of the Pastoral Letter "Finding Solace in Faith."

Dear Brothers and Sisters in Christ who serve in the Ministry of Healing in Manitoba, On the occasion of the 34th World Day of the Sick, we, the Catholic Bishops of Manitoba, wish to extend our heartfelt gratitude and spiritual support to all who dedicate their lives to caring for the sick, the elderly and the vulnerable.

In collaboration with the Catholic Health Association of Manitoba, we are pleased to announce the Inaugural Mass for All Healthcare Workers of Manitoba. This celebration is an expression of our deep appreciation for compassion, sacrifice, and commitment shown daily by those who serve in the healing professions.

We cordially invite physicians, nurses, caregivers, hospital staff, chaplains, administrators and volunteers to join us. While this mass is celebrated in a Catholic celebration, healthcare workers of all faiths and backgrounds are most welcome. We gather in solidarity to pray for you—that you may be renewed in strength and compassion as you bring healing and comfort to others.

**This Year's Theme: "The Samaritan's Compassion: Loving by Sharing the Pain of Others"**

**Date: Wednesday, February 11, 2026**

**Time: 7:00 PM (19:00)**

**Location: St. Gianna Beretta Molla Roman Catholic Parish**

**Address: 15 Columbia Drive, Winnipeg**



The Holy Eucharist will be presided over by Most Rev. Murray Chatlain, Archbishop of Winnipeg. Concelebrating will be Most Rev. Lawrence Huculak, Metropolitan of Ukrainian Catholics in Canada, Most Rev. Albert LeGatt, Archbishop of Saint Boniface, Most Rev. Susai Jesu, OMI, Archbishop of Keewatin-Le Pas, and Most Rev. Andriy Raby, Auxiliary Bishop of the Archeparchy of Winnipeg.

In conjunction with this gathering, we will also present a significant new resource for the faithful: the Pastoral Letter of the Catholic Bishops of Manitoba entitled "Finding Solace in Faith." This document is designed to serve as a compassionate guide for Catholics on matters related to end-of-life care, offering clarity on how to approach these difficult moments with the dignity and hope found in our faith.

Following the Mass, a fellowship reception will be offered as an opportunity for connection and gratitude.

Those planning to attend the fellowship reception are kindly asked to pre-register to assist with planning.

Let us gather to pray for the sick and to bless the hands that heal them. We look forward to welcoming you to St. Gianna's as we seek the intercession of the Blessed Virgin Mary, Comforter of the Sick.

Yours in Christ,

Most Rev. Lawrence Huculak, OSBM, Metropolitan-Archeparch of Winnipeg

Most Rev. Albert LeGatt, Archbishop of Saint Boniface

Most Rev. Murray Chatlain, Archbishop of Winnipeg

Most Rev. Anthony Krotki, Bishop of Churchill

Most Rev. Susai Jesu, OMI, Archbishop-elect of Keewatin-Le Pas



## Movies



### **\*REMINDER\* Triumph of the Heart – Now available on DVD and for Streaming**

Released in late 2025, *Triumph of the Heart* tells the story of Maximilian Kolbe, the Saint of Auschwitz. St. Maximilian Kolbe was a priest, a writer, and a Catholic friar. During World War II, he was arrested and sent to Auschwitz for his vocal opposition to the ideologies of the day.

He watched as 10 men were condemned to die in the starvation bunker—a brutal death sentence. When one man cried out, “*My wife, my children!*” Kolbe stepped forward and offered his own life in exchange.

Visit [www.triumphoftheheart.com](http://www.triumphoftheheart.com) for information, to view the movie trailer and how to stream or own your own copy on DVD of this moving film.

## Parish Events

### **\*UPDATED\* Prayer and Life Workshop – January 29, 2026**

*“Come to me, all who labor and are heavy laden,  
and I will give you rest”. Matthew 11:28*

SCAN WITH YOUR CAMERA  
TO REGISTER



<https://shorturl.at/I53e6>

Discover fresh methods to pray, meditate, and put God’s word into action in our daily routines. By the end of the workshop, you will be more familiar with the Word of God as a source of living dialogue with the Lord.

Are you longing for peace, healing, and a deeper relationship with God?  
We are pleased to invite you to the Prayer & Life Workshop.

English Tuesday | 6:00 PM to 8:00 PM Christ the King | 847 St. Mary’s Rd, WPG  
The workshop began last week but all are still welcome to attend!

Spanish Thursday, January 29, 2026 | 7:45 PM to 9:45 PM Nuestra Señora de la Asunción | 200 Kenny St.

### Friends in Faith Connection Café



Live Your Best Life in Love

Designed for couples, this workshop will focus on 4 essential ingredients for a healthy and life-giving relationship.  
See MMOC.ca for more details.



Join us for an evening of presentations, couple dialogue, spiritual support, and fellowship. Refreshments will be served!

February 2, 2026  
7:00 p.m. – 9:00 p.m.  
MMOC Hall

Register online @MMOC.ca

A goodwill offering is appreciated.

Future dates: Mar 2, Apr 6, May 11, June 1

Hosted by the Marriage, Family & Life Team



### **\*REMINDER\* Friends in Faith – Connection Café – February 2, 2026**

Inviting all people looking for spiritual support to get through life’s challenges. Each monthly event features a practical life or wellness topic, discussion, prayer, fellowship and refreshments.

February’s topic will be **Live Your Best Life in Love**, presented by **Worldwide Marriage Encounters. Couples**, please join us for an informative evening and workshop which will focus on 4 essential ingredients for a healthy and life-giving relationship.

**Monday, February 2 at 7:00 pm** at Mary, Mother of the Church, 85 Kirkbridge Drive.  
Please arrive early. Cost is goodwill offering. See [mmoc.ca](http://mmoc.ca) for more info and [to register](#).

For poster, [click here](#).



**Christian Grandparenting Seminar**

**Grandparenting Matters**

How grandparents (& parents) can make a greater spiritual impact on their families

Whether you are a grandparent, parent, or aunt/uncle... You are important to the next generation of children, and you are in a unique position of influence to pass on your legacy of faith in Jesus Christ.

Learn how to become an intentional Christian influencer in your family.

More details at [mmoc.ca](http://mmoc.ca)

Join us for video lessons, group discussions, personal reflection, prayer and fellowship. Refreshments will be served.

**6 Part Series—Wednesdays**  
**February 4, 11, 18, 25, Mar 18, 25**  
**10:00 am til 12:00 p.m.**  
**MMOC Hall**

Register online @[MMOC.ca](http://MMOC.ca) by January 30

Goodwill offering to cover \$20 program costs per couple/person

Hosted by the Marriage, Family & Life Team

**\*REMINDER\* Christian Grandparenting Seminar – How grandparents (and parents) can make a greater spiritual impact on their families – Starting February 4, 2026**

Whether you are a **grandparent, parent, or aunt/uncle...** You are important to the next generation of children, and you are in a unique position of **influence to pass on your legacy of faith in Jesus Christ**. In this six-part series, you will learn how to be intentional in passing on your faith to the **next generations** - your grandchildren, children, niece/nephews and more! Click [here](#) for the program trailer.

Wednesdays starting February 4 at 10:00 am at Mary, Mother of the Church, 85 Kirkbridge Drive. Cost is goodwill offering to cover the cost of the materials (\$20 per couple/person). See [mmoc.ca](http://mmoc.ca) for more info. Please register [here](#) by **January 28, 2026**.

## Stewardship



### February 1, 2026 - 4th Sunday in Ordinary Time

*"Blessed are the poor in spirit, for theirs is the kingdom of heaven." MATTHEW 5:3*

The phrase "poor in spirit" can be confusing. Think of it in this sense – poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

Visit our **French website**: <http://www.archsaintboniface.ca/index.html?lang=fr>  
to read the French bulletin, *Nouvelles hebdomadaires*, for announcements and activities that appear only in French.

**Unsubscribe, [click here](#).**