



St. Hyacinthe Roman Catholic Church

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The Parish Office is open

Tuesdays to Thursdays, 9:30 am-2:30 pm

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February 1, 2026– Fourth Sunday in Ordinary Time



“Rejoice and be glad, for your reward will be great in heaven.”

Today's Gospel gives us the charter of Christian life, the Beatitudes. Often we try and achieve our aims through force. In the person of Jesus, God offers us a different way to follow, one of compassion and self-sacrifice. In the Beatitudes, Jesus sets out the charter of Christian living, and in the following three chapters, Jesus teases out the wider implications of this charter against the background of Jewish expectations and tradition. The Beatitudes are sometimes said to be the Christian equivalent to the Ten Commandments. What is immediately striking about them is their style of expression. They are not commands. They are not negative. Rather they celebrate the essential qualities found in the true followers of Christ. Jesus tries to describe what it is like to live like one of the gods. He wants us to imagine what it is to share in the divine life, what it is to be full of grace. If we live the Beatitudes, we live like God. As true followers of Christ, may we strive to walk the ways of peace, justice and gentleness and thus experience in our lives the divine life of God in us!

Date	Intentions	Lectors	Communion	Collection
Saturday, Jan. 31 4 pm	+ Eveline Lagace Therese Lavallee	Randy Bossuyt		Dolores Mogg
Sunday, Feb. 1 11 am	+ Marie-Therese Levesque The Parishioners of St. Hyacinthe	Frenzie Bulasco Suzanne Lavallee	Claude Lagace	Jean Rochon Rheal Rochon
Wednesday, Feb. 4 9 am	+ Ken Chase Claudette & Jean Rochon			
Thursday, Feb. 5 7 pm Adoration of the Blessed Sacrament	+ Marie-Therese Levesque Knights of Columbus			
Saturday, Feb. 7 4 pm	+ Eveline Lagace Marie Mulaire	Rachel Cahill		Dolores Mogg
Sunday, Feb. 8 11 am	+ Bernadette Campbell Claude Lagace & Bernadette Lagace	Ray Cormier Christopher Lippens	Gayle Hansen	Claude Lavallee Andrea Morann

World Day for Consecrated Life – February 2, 2026 - On February 2, we, the entire Church pay witness to those who have dedicated their lives to Christ. On this occasion consecrated persons renew their commitment and rekindle the fervour which should inspire their offering of themselves to the Lord. Their example inspires us all to live with greater faith and love. Let's offer our prayers and gratitude for their commitment.

Prayer for Consecrated Persons

Lord, bless all who have dedicated their lives to you. Renew their strength and fill them with your love, so their witness may inspire us all. Amen.

“Life Is Better With Jesus!” – 2025-2026 PARISH THEME

St. Hyacinthe News

- ❖ **Catechism News:** Youth Bake Sale last weekend raised \$84 for the Good Shepherd's Campaign. Thank you to all who donated and bought goodies.
- ❖ **Meridian Inter-Church Council meeting:** Tuesday, Feb. 10 at 10:30 am at Oak Bluff Bible Church.
- ❖ **Parish Pastoral Council & Trustees meeting:** Monday, Feb. 9 at 7 pm at the parish rectory.
- ❖ **Knights of Columbus Meeting:** Thursday, Feb. 12, Mass at 7 pm, meeting at 7:30 pm.
- ❖ **Knights of Columbus Cash Bingo:** Sunday, Feb. 15 at 1:30 pm, doors open at 12:45 pm.
- ❖ **Parents Sacrament meeting:** Thursday, Feb. 19 at 6 pm in the church sacristy.
- ❖ **Children invited to the altar for the Lord's Prayer:** Father will be inviting all children and youth to gather with him around the altar for the Lord's Prayer during Mass every Sunday!
- ❖ **Let us celebrate your milestones with you!** Once a month, beginning this Sunday, February 1, we will have a cake to celebrate birthdays, anniversaries and special occasions. Join us after Mass!
- ❖ **Receiving the Body and Blood of Christ:** We will be re-introducing Communion under both species regularly in our parish beginning with the First Sunday of Lent. One is never obligated to receive both, but for those who will appreciate receiving the consecrated bread and the sharing of the blessed wine, we now feel comfortable in doing so at every Sunday Eucharist, at the Saturday 4 pm Mass and the Sunday 11 am Mass. Father will speak more about this matter in the coming weeks.



Special Invitation: Mass for all Healthcare Workers & World Day of the Sick – On Wednesday, Feb. 11 at 7pm the five Catholic Arch/dioceses of MB will come together for a special mass of Appreciation at St Gianna Beretta Molla Parish, 15 Columbia Dr, Winnipeg. You are invited to come and join in prayer and solidarity. A special presentation on end-of-life issues for Catholics will be presented, and a reception will follow after mass.

Remember in Your Prayers

- ❖ We pray for all who are ill, distressed or lonely, that they may find comfort in God present in their lives and in the support of friends and family.
- ❖ We pray for the courage to speak and work for justice when and where the dignity of human life is compromised.
- ❖ We pray for those who lack adequate food, shelter or safety, that God will give them strength, renew their hope, and touch the hearts of many to assist them.
- ❖ Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. (Pope's prayer intention for February 2026)

Marriage Tip “Marital love is above all fully human, that is to say, it involves both the senses and the mind.” (Humanae Vitae) Marital love is rightly sensual. Enjoy it. When difficulties arise, and they do arise because we are human, call upon the Holy Spirit to renew your spirit.

Stewardship Reflection: “Blessed are the poor in spirit, for theirs is the kingdom of heaven.” (MATTHEW 5:3) The phrase “poor in spirit” can be confusing. Think of it in this sense – poor in spirit means depending on God’s providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

Did You Know? – The Profession of Faith – On Sundays and special feast days, the priest celebrant invites those gathered in the church to recite with him the Profession of Faith, also called the **Creed**. This prayer outlines the **essential beliefs of the Christian faith**. We recite either the **Apostles' Creed** or the **Nicene Creed**. The first comes to us from the 2nd Century, while the second results from the Council of Nicea of 325 and the Council of Constantinople of 381. The latter is longer, more descriptive. Here at St. Hyacinthe Parish, the **Apostles' Creed is usually the chosen Profession of Faith** because it is simpler, more easily recited by heart, more accessible to the whole community, children, youth and adults.

